RGA GLOBAL MENTAL HEALTH SURVEY

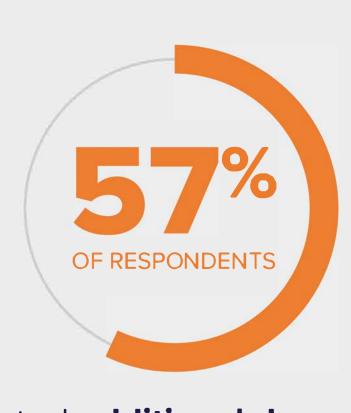
10 THINGS TO KNOW FROM OUR LATEST MENTAL HEALTH SURVEY RESULTS*

2023





ranked mental health as a **top** or moderate priority, globally



reported **additional demand** for mental health related products and services in the last 2 years

Top priorities for mental health initiatives



Evolving claims management approaches



Providing value-added services to policyholders and/or claimants



Evolving underwriting



Improving support or

programming for employees

approach and guidelines



Improving advocacy/

reducing stigma related

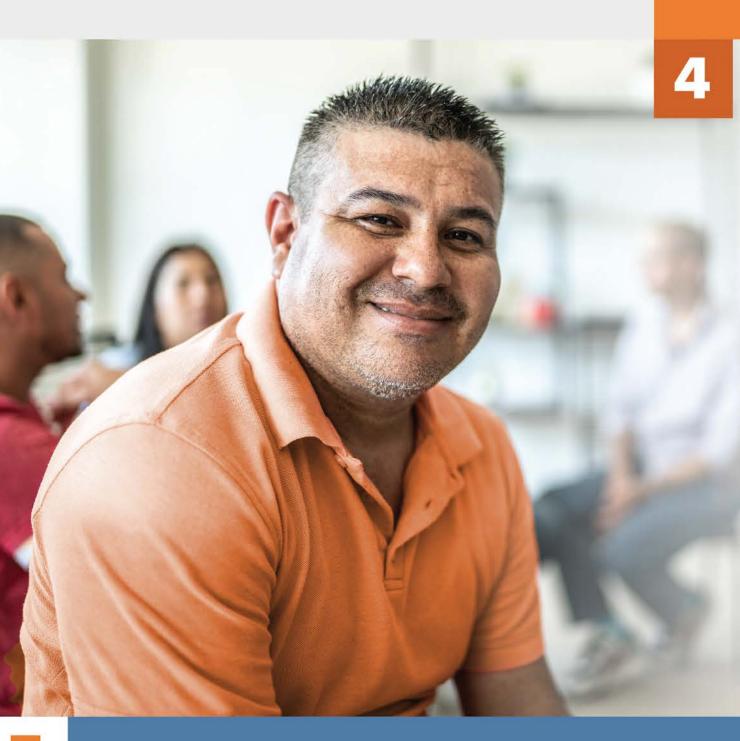
to mental health



Expertise to appropriately



manage mental health



50%
OF RESPONDENTS

reported using mental health

specialist staff to support product development, underwriting, claims, and wellness support programs

or services in the last 2 years

27% of respondents reported launching new mental health products



and disability coverage

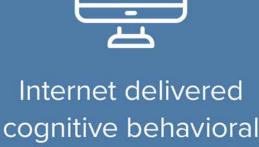


(35)

medical counseling benefit



health care



therapy (iCBT)



beneficiaries —

for life policyholders/



6



for mental health conditions.

However, **55% reported challenges** with underwriting and claims management



mental health conditions in their market



9





guidelines contributed to a cautious approach to the risk assessment of mental health trends, with an emphasis on expanding access to cover assessment of mental health as

THE LIFE AND HEALTH INSURANCE INDUSTRY SHOULD BE SUPPORTING MORE MENTAL HEALTH INITIATIVES

By providing access to services, product enhancements, advocacy,

education and research, as well as adapting underwriting practices to expand eligibility for mental illness or conditions

Please click here for the full RGA Global Mental Health Survey report with more survey findings on industry

trends and challenges. Contact us with any questions and visit the Knowledge Center for related articles.

*(n=137 global, online respondents; n=17 qualitative interviews)